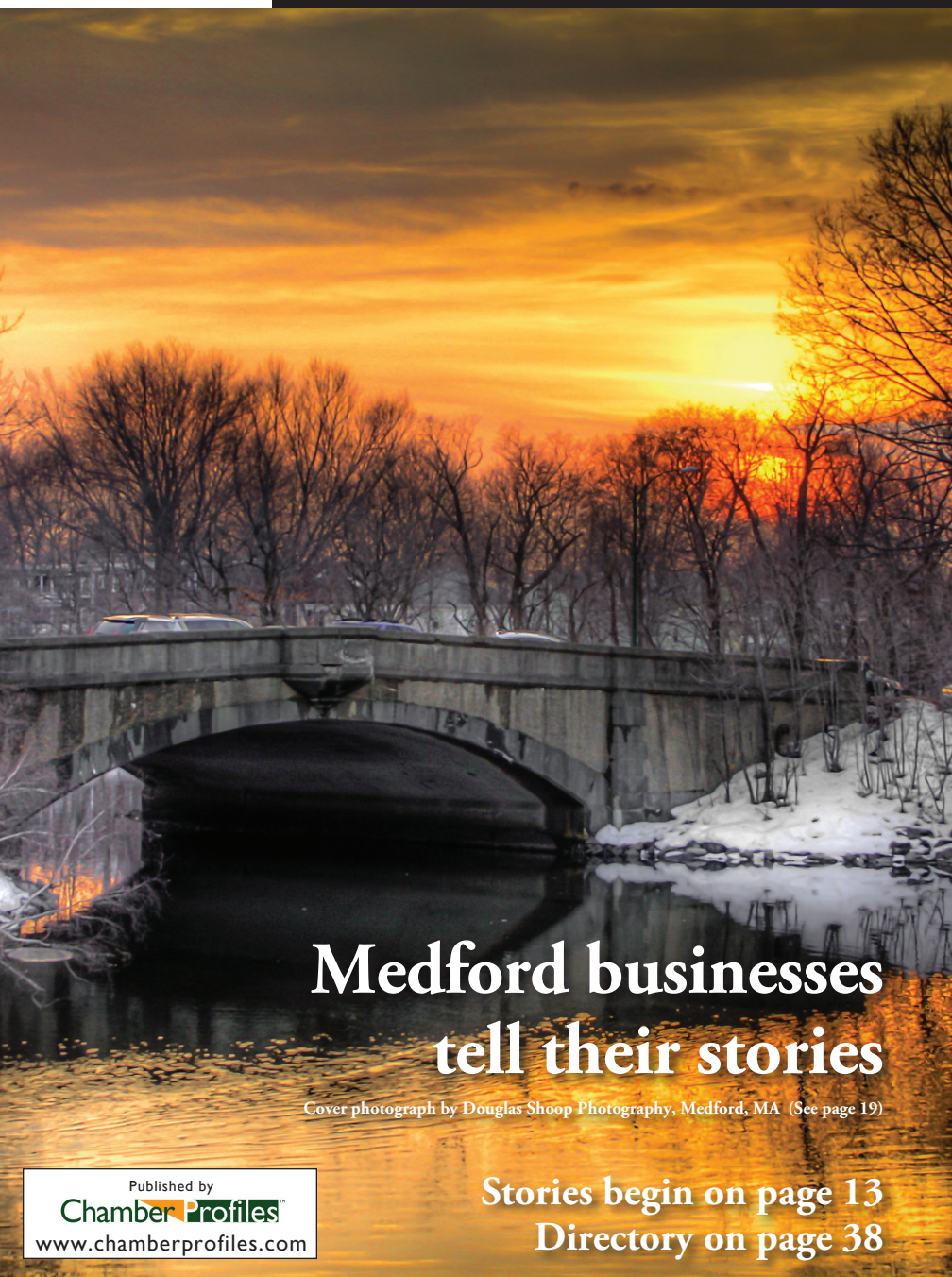




MEDFORD CHAMBER OF COMMERCE DIRECTORY 2014-2016



Medford businesses tell their stories

Cover photograph by Douglas Shoop Photography, Medford, MA (See page 19)

Published by

Chamber Profiles™

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Children's Dental Associates

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The Medford Chamber of Commerce is pleased to provide the 2014-2015 Directory to the Medford community.

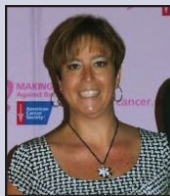
The Medford Chamber of Commerce has been serving the Medford community since 1926. The overall focus of the Medford Chamber of Commerce is to assure progressive, orderly community development that creates a favorable climate for new and existing businesses. The chamber brings together the area's business leaders to identify

and analyze issues facing the local business community. By working with its members to propose solutions and providing access to government officials, the chamber also plays a key role in resolving current or potential issues.

The Medford Chamber of Commerce is dedicated to its members. Our Board of Directors is comprised of volunteers who work for the benefit of the community as a whole. We are an advocate and resource for local businesses, a community partner focused on business development, and an activist for supporting and promoting buying locally. When you are a member of our organization, you join a team of dedicated to making sure your business has the tools necessary to thrive in our community.

As the Executive Director of the Medford Chamber of Commerce, I hope that you find this directory useful tool and it will help you when deciding to contact a business for services.

To become a member or to learn more about the Chamber, please visit us at www.medfordchamberma.com.



Sincerely,

Jodie Coyne
Executive Director
Medford Chamber of Commerce

Chamber Profiles™

The 2014-2016 Medford Chamber's Local Business Guide was published as a service to the Medford Chamber of Commerce by Chamber Profiles (a division of Indie Owned, LLC). The Guide was mailed, free of charge, to every home in Medford, MA in January 2014 and can be found online at www.medfordchamberma.com and Medford.ChamberProfiles.com. All content submitted for publication is deemed advertising. Indie Owned, LLC is not responsible for errors in advertising beyond the original cost of participation. Indie Owned, LLC reserves the right to edit and/or reject any print or online content. Indie Owned, LLC is not responsible for the validity of claims or content made by advertisers. All rights reserved. Reproduction of material appearing in any Chamber Profiles publication is prohibited without the written permission of the publishers.

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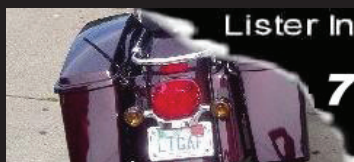
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CACHE in Medford



One Shipyard Way
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Medford, MA 02155
medfordfestival@gmail.com

www.cacheinmedford.org
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CACHE (Coalition for Arts, Culture, and a Healthy Economy) is a non-profit, tax-exempt organization of more than 20 diverse organizations dedicated to advocating for arts, culture, and history in Medford, as well as collaborating with local businesses, schools, and city leaders to foster a creative economy.

By working together, CACHE organizes and presents several programs for the community each year, including Circle the Square, the month-long series Arts Across Medford, and the Mystic River Celebration in October. The majority of programs and events are free of charge; all are open to the public, persons with physical

disabilities, and people of all ages.

CACHE strives to highlight artistic talent and local businesses in our community, and the natural resources such as the Mystic River and Middlesex Fells, while encouraging people of all cultures to come together and take pride in their city. If you would like to volunteer to help CACHE organize events, staff information booths, serve on a committee, write grant proposals, or help at the Mystic River Celebration, please contact medfordfestival@gmail.com. Check our websites and Facebook pages for up-to-date information about art and cultural events sponsored by CACHE and our coalition members.

Charlotte Scuderi



Please call my cell if I can help,
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ANDREW
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Hello, I'm Charlotte Scuderi and I have lived in Medford most of my life. I am the past president of the Medford Chamber of Commerce... I know Medford.

I started a commercial and residential real estate career 35 years ago and love every bit of what I do. You can visit my website to see my listings and learn more about my business. From the site, you can sign up today to receive daily emails with new and updated listings from the towns and price range that you choose. For faster results, you can also access the MLS Property Messenger which will send you new listings, price changes, and back-on-the-markets directly to your desktop the minute they become available, keeping you on top of your home buying experience. Never again will you miss new

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Charlotte Scuderi

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By Appointment



Cheryl Pendenza, affiliated with Andrew Realty, is a people person, mother of two daughters, wife, and community supporter. Supporting local business is important and she can often be found at one of the local restaurants, shops, or galleries.

"As a full-time Realtor®, I am dedicated to providing my clients with a high level of service by building relationships, marketing, and negotiating on their behalf. As a homeowner, I realize how important homeownership is."

Bringing more than 25 years of experience to the table, Cheryl has a paralegal degree, banking background, and is a member of many professional, civic, and community organizations. But Cheryl's biggest passion is real estate.

"Every day is different and every person is unique. It is my mission to help buyers realize their dream of homeownership and create advertising, print, and internet marketing campaigns for sellers that are unique. Being sensitive to the needs and motivation of each individual I work with is key. Every story is important to me."

Qualified • Experienced • Skilled

Cheryl brings warmth and compassion to her client relationships and referrals have become the backbone of her business. "I'm grateful for every referral and welcome the opportunity to help clients achieve their real estate goals."

Cheryl Pendenza, your Medford Real Estate Expert

Children's Dental Associates Peter B. Geller, D.D.S. & David M. Petrarca, D.D.S., P.C.



80 High Street
Medford, MA 02155
781-391-8300
childrensdental@verizon.net
www.childrensdentist.com

HOURS OF OPERATION:

Mon - Fri	8:30 am - 5:00 pm
Sat	8:30 am - 12:00 pm
Sun	Closed

Pediatric Dentistry
Peter B. Geller, D.D.S.
David M. Petrarca, D.D.S., P.C.
Sungyong Bang, D.M.D.

Pediatric Dentistry
Donna M. Hackley, D.M.D.
Robert A. Frank, D.M.D.

Orthodontics
Sven Supples, D.M.D.
Elizabeth C. Blake, D.M.D.

Children's Dental Associates

Dentistry and Orthodontics for Children and Young Adults

175 Littleton Road
Westford, MA 01886
(978) 392-9800



80 High Street
Medford, MA 02155
(781) 391-8300

Children's Dental Associates is a multi-specialty dental practice for children and adolescents that comprises two separate offices in Massachusetts, one in Medford and the other in Westford. The practice was founded, and opened its first office, in Medford in 1972 by Dr. Robert A. Frank shortly after completing his Pediatric Dental Residency at Harvard School of Dental Medicine and Boston Children's Hospital. With the practice growing by leaps and bounds, Dr. Peter B. Geller was brought on as a partner in 1986. Ten years later the practice opened its second office in Westford to accommodate a rapidly growing population in that area.

Today both offices provide a full line of services in

all phases of Pediatric Dentistry and Orthodontics to patients from birth all the way into early adulthood. The practice currently employs four full-time pediatric dentists as well as two part-time orthodontists. A tremendous staff of over 20 individuals including an office manager, dental hygienists, assistants, treatment coordinators, and auxiliary staff members supports the team of doctors.

Children's Dental Associates is dedicated to providing state-of-the-art dental and orthodontic care to its patients in a fun, safe, and professional environment. The practice is very proud to be still growing as it has now been in continuous operation for over 40 years.

Clay Dreams ~ Rose Mary Ardagna



183 Massachusetts Avenue
Arlington, MA 02155
781-641-3000
www.claydreams.com

HOURS OF OPERATION:

Tue, Wed, Sat	10:00 am - 5:00 pm
Thur, Fri	10:00 am - 9:00 pm
Sun	12:00 pm - 5:00 pm
Mon	Closed
Closed Mondays except for most school holidays.	



Clay Dreams has been an Arlington landmark since 1999. The owner, Rose Mary Ardagna, has experience as a leading ceramics specialist for over 30 years.

Clay Dreams prides itself on being friendly, professional, and welcoming to all. Our staff will be there to help as you set up your painting area all the way through firing your pieces in our kilns.

Please, feel free to drop by and explore! We are happy to do walk-throughs of our party room and facilities.

Reserve Our Party Room!

The Clay Dreams Party Room is perfect for great children's birthday parties, showers, a night out

with friends, or corporate team building.

Choose pieces ahead of time or select a price range. We have storage for food and drinks and space for up to 20.

The studio fee includes the use of paints, brushes, glazing, and firing. We use non-toxic paints and pieces are dishwasher-safe. Pieces are generally available for pick-up in about a week.

Make a Memory at Clay Dreams!

From unique Father's Day gifts to preserving your baby's handprints or footprints. A mug hand-painted by your child for teachers or grandparents will have timeless value. Clay Dreams can bring a personal touch.

Colleen's Ice Cream & Sandwich Shop ~ Colleen Hallisey



61 High Street
Medford, MA 02155
781-395-9575

www.colleensmedford.com

HOURS OF OPERATION:

Mon - Fri 9:00 am - 10:00 pm
Sat 9:30 am - 10:00 pm
Sun 11:00 am - 10:00 pm



Colleen's has been celebrating with Medford residents and visitors for 26 years. Colleen's is a great convenient place to grab a bite, meet friends, or just have a cup of joe while surfing the web. The shop has remained committed to the original concept of providing quality and freshness with quick service. Today Colleen's has become an upscale sandwich shop and is still owned by the founding owner Colleen Hallisey.

Colleen's offers an array of breakfast options and a lunch menu consisting of freshly baked pastries, distinctive salads, soups, sandwiches, and of course ice cream!

Whether you are celebrating one of life's special occasions or conducting a company meeting, Colleen's provides the perfect venue. The ice cream parlor and soda fountain is an art deco dreamland, bright and charming!

CollVest Coins ~ Robert McDonald

84 High Street
Medford, MA 02155
781-395-1011
www.collvestcoins.com

HOURS OF OPERATION:

Mon - Fri 10:00 am - 6:00 pm
Sat 10:00 am - 4:00 pm
Sun Closed



CollVest Coins

CollVest Coins is a premier dealer of rare coins and precious metals such as gold, silver, and platinum. The owner, Bob McDonald, has been working with Collectors and inVestors of rare coins and precious metals since 1979.

CollVest Coins is able to purchase your coin collection or any gold, silver, and platinum precious metals, including unwanted gold jewelry and

sterling silver items.

CollVest Coins can also help you complete your various coin collections and can help you with your precious metal investments. All transactions are welcome, no matter how small or large. Consignment services are also available.

COSMOPOLITAN Real Estate Inc. ~ Kelly Catallo



23 Salem Street
Medford, MA 02155
339-221-5412

Solutions@TeamCRE.com

www.CosmopolitanRealEstate.net



"In 2009, I reflected on my 18 successful years in real estate. It was time to either write the memoirs, or open a real estate firm that embraced the people that work with us and live in the communities we serve. We make a huge difference in the lives of others, and we are grateful for the opportunity to be of service."

As President and CEO of Cosmopolitan Real Estate Inc., Kelly Catallo is building one of the most recognizable, successful real estate TEAMS in the Greater Boston area. Complete Seller, Buyer, Landlord, Tenant, and Property Management services. Education, experience, and state-of-the-art technology ensure that clients of Cosmopolitan Real Estate receive the

highest level of care and attention in pursuing their real estate goals. "Our REALTORS® function as one TEAM; you won't know just one of us—you will know and benefit from having all of us working for you!"

Kelly (Sheehan) Catallo, raised in Medford, resides here with sons Andrew, Anthony, and Joshua. Her commitment to the quality of life in Medford is unquestionable. A Charity auctioneer and avid fundraiser, Kelly donates time and talents by organizing and supporting fundraisers for numerous causes and the community.

**Free Consultation & Market Analysis.
10% Discount on Rental Fee.**

Dabbs Lockshop ~ DJ Dabenigno

DABBS LOCK™

470 High Street
Medford, MA 02155
781-350-5770

www.dabbslock.com



Here at Dabbs Lock we are fully bonded and insured and a very active member with the Massachusetts Locksmiths Association. We are a full service locksmith serving the Greater Boston area, based in Historical West Medford Square, just six miles north Boston. We stand ready to assist you 24 hours a day, seven days a week. As one of the area's premier Emergency Locksmiths, we offer competitive rates and flexible timing to make sure your emergency is handled quickly.

Our company is based on the belief that our customers' needs are of the utmost importance. Our entire team is committed to meeting those needs. As a result, a high percentage of our business is from repeat customers and referrals. Don't just take our word on it,

please refer to our Testimonials Page to read some of the comments made by our existing customers.

We would welcome the opportunity to earn your trust and deliver you the best locksmith service in the Greater Boston area. Don't let that small problem turn into a huge problem. Let us correct minor issues before they end up becoming nightmares or even a life safety issue.

We also offer evening and weekend appointments to our customers for no additional charge as we feel that you should be able to hire a locksmith and not have to take time off from work to have a problem corrected. If you have odd hours, let us work with you and find a time best suitable to your work and family life.

Dello Russo Funeral Service ~ Fred Dello Russo



306 Main Street
Medford, MA 02155
781-396-9200

www.dellorosso.net

DELLO RUSSO
FAMILY FUNERAL HOMES

HOURS OF OPERATION:

We are always available in your time of need.

Just as the loss of a single leaf affects the whole tree, an entire community feels a loss when a loved one dies. Dello Russo Funeral Homes can help you, before, during, and after the loss of a loved one. We have expertise in all types of funeral services, both simple or more elaborate. It's up to your wishes.

Dello Russo Family Funeral Homes recognizes that our community is comprised of diverse preferences of religion, philosophies, and beliefs. You will find our firm is responsive to your needs and wishes. By offering a wide range of services, each family has the ability to create a meaningful and appropriate way to remember their loved one.

When a death occurs, there are certain criteria, mandated by law, which must be recognized, and requirements fulfilled as a routine matter. Beyond this, the coordination of services and disposition choices are determined by the family. The Dello Russo family will assist you and offer any guidance you may require.

Dello Russo Family Funeral Homes has three locations to serve you. We maintain our facilities with the utmost care to offer your family and friends a comfortable setting to gather at the loss of a loved one. Please call or visit for a personal inspection. We welcome you.

DSA Architects ~ Douglas Shoop



One Shipyard Way
Suite G01
Medford, MA 02155
781-391-1939
doug@dsaarchitects.com
www.dsaarchitects.com

HOURS OF OPERATION:

Please email or call us, we can accommodate your schedule.



I'm Douglas Shoop, the founder and principal of DSA Architects here in Medford.

Experience: We've served the Greater Boston area's residential and commercial markets as a full service architectural firm for the past 20 years. New construction, additions, remodeling, consulting: we can help you with that.

Value: Construction can be a complex and expensive undertaking. If you are looking for an experienced, registered architect to help you navigate the process, please give us a call.

We'd be happy to discuss your project and how we can Add Real Value to your investment.

Photographer: In case you missed it, that's my photo on the front and back cover of this directory. I'm also a professional photographer with a wide range of experience. To see more of my photographic work, please visit my photography web site at: www.douglashoopphotography.smugmug.com

Initial consultation is FREE
(a \$200 value) Expires: July 1, 2014

European Wax Center ~ Pam Zerber & Kerry Meagher

**EUROPEAN
WAX
CENTER®**

670 Fellsway
Medford, MA 02155
781-396-6500
center0354@waxcenter.com
www.waxcenter.com/ma-medford

HOURS OF OPERATION:

Mon - Fri 9:00 am - 8:00 pm
Sat 8:00 am - 6:00 pm
Sun 9:00 am - 5:00 pm



At European Wax Center, we've given waxing a much-needed makeover. You see, we believe feeling gorgeous and looking fab isn't just for the privileged. It's for everyone who wants to flaunt the smoothest skin, whenever they want. That's why we stand by our words when we say, Waxing For All.

Our 4 Steps To Gorgeous is our exclusive pre- and post-wax process you'll experience at every treatment to ensure the most painless and efficient wax. Our

exclusive Comfort Wax™ is our secret to a virtually painless treatment. Crafted in Europe, our wax is far more gentle on skin than traditional wax.

Fancy a Free Wax?

First-time guests receive:

- For gals, choose from eyebrow, underarm, or bikini line.
 - For guys, choose from eyebrow, nose, or ear.
- Schedule your wax reservation today!

Fitness Together ~ Peter Petrella & Dorothy Petrella

GET FIT. TOGETHER™



365 Salem Street
Route 60
Medford, MA 02155
781-395-3600
ftmgmedford@fitnesstogether.com
www.FTmedford.com

HOURS OF OPERATION:

Mon - Fri 6:00 am - 9:00 pm
Sat 7:30 am - 3:00 pm
Sun Closed



Ever wonder why killing yourself in the weight room, buying the latest, greatest diet book, or waking up early to get your morning run in may help you feel like you're getting in better shape—but still falls short? That's because you need the right strength, cardio, and nutrition approaches all working together. Our proprietary systems work in harmony, utilizing the most current science for a complete fitness solution.

ASPIRE 8 resistance training program utilizes personal assessments, functional cross-muscular training approaches, and periodization techniques to change things up for continued results.

CARDIO TOGETHER offers a customized cardio prescription that combines fartlek, interval, and tempo workouts with a focus on exercise frequency, intensity, duration, and progression to achieve maximum results.

NUTRITION TOGETHER offers an educational and accountability framework to improve your eating lifestyle. By eating the right foods, the right portions, and at the right frequency, along with our other programs, the results are truly amazing.

To fully understand the difference a personal trainer can make in a workout experience and in measurable results, you have to experience the Fitness Together program yourself. FT trainers hold degrees and certifications in fitness training. Our purpose is to help our clients achieve and maintain optimal health.

**3 personal training sessions for \$99
or 3 small group sessions for \$49
New clients only.**

Expires: December 31, 2014

Hallmark Health System ~ Sam Tarabelsi



101 Main Street
Suite 116
Medford, MA 02155
781-391-2121
www.hallmarkhealth.org



HOURS OF OPERATION:

Mon, Thur	7:00 am - 7:00 pm
Tue, Wed, Fri	7:00 am - 5:00 pm
Sat, Sun	Closed

Celebrating over 20 years of service in Medford, the Lawrence Memorial Medical Service Center, located in the heart of Medford Square at 101 Main Street, is a "one stop shop" for all your health care needs. Come have your blood work done, your x-rays, digital mammography exam, bone densitometry exam, or your ultrasound exam with us. Have a visit with our nutritionist and take a yoga class offered one evening a week.

Under the same roof, we have multiple primary care physicians practicing the "medical home concept" along with

podiatrists, obstetricians and gynecologists, a breast surgeon specialist, ear, nose and throat specialist, eye care, dental care, rehabilitation services, behavioral health therapists, orthopedics, and pediatricians all focused on delivering quality health care to you and your family! And the secrets to our success are our people . . . our staff is committed and passionate about caring for you.

Come see us. Enjoy free parking in our garage while you enjoy quality health care to meet all your needs right here in Medford!

Harvard Vanguard Medical Associates



26 City Hall Mall
Medford, MA 02155
781-306-5100
www.harvardvanguard.org



**Harvard Vanguard
Medical Associates**
Atrius Health

HOURS OF OPERATION:

Mon - Fri	7:30 am - 7:00 pm
Sat, Sun	Closed

Closed holidays. Patients also have access to 24/7 medical advice by calling 781-306-5100. Weekend and holiday urgent care is available at our Braintree, Chelmsford, Kenmore, Peabody, Somerville, and Wellesley locations.

The Medford practice of Harvard Vanguard Medical Associates has been caring for patients since 1982. The office is conveniently located just off Route 93, across from the Medford City Hall.

Our practice provides primary care for adults and children, as well as a full range of medical and surgical specialty care. Our preferred hospital partners include Mount Auburn Hospital, Beth Israel Deaconess Medical Center, Winchester Hospital, and Boston Children's Hospital.

In addition to Internal Medicine and Pediatric Primary Care, our office in Medford also offers: Allergy; Audiology; Behavioral Health; Cardiology; Complex Chronic Care Program; Dermatology; Ear, Nose And Throat; Gastroenterology; Laboratory; Nephrology; Nutrition; Obstetrics/Gynecology; Ophthalmology; Optical Services; Optometry; Pharmacy; Podiatry; Radiology; Speech Pathology; Surgery; Travel Medicine; and Urology.

IT Solutions Provider, LLC ~ Rachid Elaaffer



12 High St.
Medford, MA 02155
617-888-5607
info@itsolutionsprovider.net
www.itsolutionsprovider.net

HOURS OF OPERATION:

Mon - Fri 9:00 am - 5:00 pm
Sat 10:00 am - 4:00 pm
Sun By Appointment



IT Solutions Provider, LLC specializes in managed IT Services for Small Businesses, ranging from 2 to 25 computers. We partner with you as your IT Department, allowing you to focus on running your business, not your technology.

**WE ARE OFFERING A SPECIAL
DISCOUNTED RATE OF 10% OFF
COMPUTER SERVICES WITH 100%
MONEY BACK GUARANTEE**

Business IT Support line: (781) 399-4205
www.ITSolutionsProvider.net

We also repair home PC/Mac/Laptops
We are located in the heart of Medford Square
We can come to you or you can drop off your
computer at:

12 High St., Medford
(inside Re/Max Andrew Building)

Our Free PC Tune Up+

(Includes: Speed up start and shutdown time, cleanup of unnecessary files for faster performance, scan for viruses)

To schedule an appointment, please call

Home Computer Service line at: Call (781) 375-4205
www.BostonPCService.com

**Free Basic System Checkup
Per Customer, for one system
Expires: 6/30/14**

Jordan & White, LLC ~ Jonathan White



Zero Governors Avenue
Suite 6
Medford, MA 02155
978-744-2811

jwhite@jordanwhitelc.com

www.jordanwhitelc.com

HOURS OF OPERATION:

By Appointment

JORDAN & WHITE, LLC

ATTORNEYS AT LAW

We offer quality legal service, dedicated advocacy, and real solutions to our clients' legal needs. We are committed to working with our clients to protect their interests by offering a variety of legal services geared towards meeting our clients' needs and providing consistent results in the following areas: residential and commercial real estate transactions, estate planning and administration, business-related legal matters, and civil litigation (personal injury, business, or real estate).

Civic commitment, personal and professional integrity, and client service are the integral parts of our operating principles. By delivering on all of these elements, we focus not only on meeting the immediate needs of our clients, but on building lasting relationships.

**Free Initial Consultation
One Per Customer**

Kelly's Unique Kids ~ Kelly M. Kacinski



254 Salem Street
Medford, MA 02155
781-874-1387
kellysuniquekids@yahoo.com
www.kellysuniquekids.com

HOURS OF OPERATION:
Mon - Fri 7:00 am - 6:00 pm
Sat, Sun Closed



Kelly's Unique Kids is a childcare program for children ages one month to seven years. We are located in Medford, MA at 254 Salem Street (Rte.60) and provide care to families in and around the Medford area. We are open Monday through Friday from 7:00 am to 6:00 pm. We provide part-time and full-time care two, three, or five days.

Welcome to Kelly's Unique Kids, a child care center dedicated to the development of happy, healthy, and well-adjusted children. Kelly and her talented EEC certified teachers have been together for over a year, and we aim to provide the best child care services in the Boston area for infants, toddlers, and preschoolers. We believe that all children are unique and develop at their own pace

and developmental strides. Kelly's Unique Kids is about education, not just childcare. Children enjoy a fun, learning, loving environment while moms and dads know their children are safe and happy. We look forward to meeting you and your children and welcoming you to our extended family.

We provide educational themed activities for all ages, morning breakfast and afternoon snack, monthly parent events and newsletters, daily reports for families, weekly creative movement classes and storytelling, daily outdoor activities, and EEC certified teachers who are CPR/First Aid certified.

**Mention this ad during enrollment for
20% off first month's tuition.**

Expires: June 30, 2014

Lonergan Insurance and Real Estate ~ Judy Lonergan



74 High Street
Medford, MA 02155
781-395-7158
www.lonerganagency.com

HOURS OF OPERATION:
Mon - Fri 9:00 am - 5:00 pm
Sat, Sun Closed

**Lonergan Insurance &
& Real Estate Agency**

Family run and proudly serving Medford for 95 years!

Lonergan Insurance and Real Estate is located in historic Medford Square. We are a third generation agency and have been in business since 1918. We are committed to providing outstanding service and value to our clients. We are known for developing quality working relationships with our clientele; relationships based on respect, integrity, and trust.

Real Estate -The Lonergan Agency is proud to have developed beneficial relationships with lenders, inspectors, contractors, and a wide range of housing professionals. We pride ourselves on building a solid foundation for your home to rest upon. Whether you are purchasing, selling, or both, we ensure that you have the

support you need to make sound decisions and receive the best deal possible. We go the extra mile for you! Whether you are buying, selling, or simply considering a move, we will be happy to speak with you.

Insurance - At Lonergan Agency we take the time to listen to your needs. We specialize in home owners and auto insurance as well as commercial, business owners, and workers compensation. We will work tirelessly to facilitate your goals without compromise. We are committed to treating every client as if they are our #1 priority.

Call us to see why we have been voted "2013 Best of the Best Insurance Agency for Customer Service" and #1 in Medford's Peoples Choice Award.
- Judy, Jay, & Liz



Since 1925, Risman Insurance Agency has been servicing the insurance needs of individuals and businesses in Eastern Massachusetts. Built upon a foundation of high standards for ethics, client service, and financial performance, we have been recognized for our commitment to our clients by receiving our second Five Star Award of Distinction from the Massachusetts Association of Insurance Agents.

Whether you need commercial insurance for a large corporation or small business, or individual auto or homeowner's coverage, you can rely on our 85+ years of insurance experience. As a third generation, family-owned agency, we maintain the same level of service that was expected in 1925 and is appreciated today.

BUSINESS INSURANCE: TYPES OF POLICIES

Owning and operating a business comes with plenty of responsibility and we have the expertise and policies to be sure you and your business are covered.

- General Liability Insurance
- Workers Compensation Insurance
- Errors and Omissions Insurance (E&O)
- Professional Liability Insurance
- Employment Practices Liability Insurance

HOME/AUTO PERSONAL LINES: TYPES OF POLICIES

- Auto Insurance
- Homeowners Insurance
- Personal Umbrellas
- Motorcycle Insurance
- Watercraft Coverage
- Fine Arts & Collections

**Risman Insurance Agency | 689 Fellsway (Route 28)
Medford, MA 02155 | Tel: (781) 396-2116 | www.Risman.com**



JORDAN & WHITE, LLC

ATTORNEYS AT LAW



Read about us on page 22

Lifelong Medford resident
Representing Medford's residents and
businesses for over 15 years

978-744-2811

SPECIALIZING IN:

Residential and Commercial Real Estate Transactions
Estate Planning and Administration
Business-Related Legal Matters

Civil Litigation:

Personal Injury, Business, Real Estate

Zero Governors Avenue, Suite 6 • Medford, MA 02155 • www.jordanwhitellc.com

Malden YMCA ~ Debbie Amaral, CEO



99 Dartmouth Street
Malden, MA 02148
781-324-7680
tperalta@ymcamalden.org
www.ymcamalden.org

HOURS OF OPERATION:

Mon - Fri	5:30 am - 10:00 pm
Sat	7:30 am - 8:00 pm
Sun	8:00 am - 4:00 pm



The Malden Y strengthens the foundations of our community through well-being and fitness, camps, family time, swim, sports and play, and other activities for people of all ages, incomes and abilities. We're more than just a place to work out. At the Y, we help build a healthy spirit, mind, and body for all with the core values of caring, honesty, respect, and responsibility at the heart of everything we do.

With a commitment to nurturing youth development, promoting healthy living, and fostering a sense of social responsibility, the Y ensures that every individual has access to the

essentials needed to learn, grow, and thrive.

When you join the Y, you are not just a member of a facility; you are part of a cause. Whether you are an adult looking for a new fitness challenge and support to reach your goals or a family looking for a great place to get active and to spend quality time together, the Y is for you.

Everyone belongs at the Y. Please go to www.ymcamalden.org to learn about our financial assistance scholarships or our membership fees.

Massage Envy Spa ~ Pam Zerber & Kerry Meagher



672 Fellsway
Medford, MA 02155
781-391-9111
massageenvymedford@gmail.com

www.massageenvy.com/clinics/MA/Medford

HOURS OF OPERATION:

Mon - Fri	8:00 am - 10:00 pm
Sat	8:00 am - 6:00 pm
Sun	10:00 am - 6:00 pm

Massage Envy
SPA

At Massage Envy Spa, we provide you with a pathway to wellness, well-being, and worth through professional, affordable, and convenient massage therapy and spa services.

Visit Massage Envy Spa in Medford, where we offer customized therapeutic massages as well as customized Murad Healthy Skin Facials. Professional stress and pain relief are just a short drive away with

plenty of parking available! At Massage Envy Spa we value your time, so we open early and stay late for your convenience.

First-time guests receive:

- 1-Hour Therapeutic Massage for \$39.99
 - 1 1/2-Hour Therapeutic Massage for \$59.99
 - 1-Hour Murad Healthy Skin Facial for \$49.99
- Schedule your R&R (relaxation reservation) today!

McCracken, Cooper & Petrella PC ~ Peter Petrella CPA MSPFP



1 Shipyard Way Suites 202 & 204
Medford, MA 02155
781-395-7756
pmpcpa@msn.com

HOURS OF OPERATION:

Mon - Fri	9:00 am - 5:00 pm
Sat	By Appointment
Sun	Closed

Evening meetings are available by appointment.



McCracken, Cooper & Petrella PC is a full service accounting, tax, and financial planning firm serving individuals, trust, and corporate clients throughout New England. We have been in business for over 25 years providing our extensive services to individuals and businesses in and surrounding the Medford community. Our specialty is serving the small business community and sole proprietors. Our goal is to give you clarity and direction regarding your taxes or business endeavors and to help you achieve the lifestyle you envision.

McCracken, Cooper & Petrella PC was awarded the 2012-2013 Executive Director's

Award, an honor given to the member or business that goes above and beyond to help out the Medford Chamber of Commerce.

Mr. Petrella is currently serving on the Board of Directors of the Medford Chamber of Commerce and is also Treasurer of the organization.

Mr. Petrella is also a Rotarian since 2006 and a member of that organization's Board of Directors as well, saying he's involved because it's about giving back to the community.

Please call our office to schedule your appointment today!

Medford Chamber of Commerce



One Shipyard Way
Medford, MA 02155
781.396.1277

www.medfordchamberma.com

HOURS OF OPERATION:



Established in 1926, the objectives of the Medford Chamber of Commerce are to foster and protect a proper business climate; to assure this city of progressive, orderly and planned future development; to meet the needs of all our citizens for services, facilities and economic well being; and to keep Medford a good and safe place to live, to work and do business.

Since we were established, we've been

championing free enterprise to enrich and advance the business climate for the entire community. Our membership is comprised of businesses of all sizes and industries to help the local business community collaborate, cooperate, grow and flourish. Boasting over many diverse members, you will find a positive environment and many networking opportunities from your first meeting onward.

Medford Optical ~ Dana Cohen



16 High Street
Medford, MA 02155
781-391-8222
info@medfordoptical.com
www.medfordoptical.com

HOURS OF OPERATION:

Mon, Tue, Wed, Fri	9:00 am - 5:30 pm
Thur	9:00 am - 7:00 pm
Sat	9:00 am - 4:00 pm
Sun	Closed
Saturday Summer Hours	9:00 am - 2:00 pm

MEDFORD OPTICAL

I have owned Medford Optical since 1976. We are a full service eye care center with a special interest in pediatric eyewear. The store features a huge selection of fashion eyewear. Medford Optical has been nationally recognized as one of the leading optical shops in the country for kids' glasses! We have been featured in *20/20* magazine several times.

Other than optical my passion is music, and I play trombone in several bands. I recently performed at the Hard Rock Cafe in Las Vegas and Times Square NY with a group of optometrists called EYE ROCK. I am a regular member of The Cape Ann Big Band in Gloucester and have played at many venues in the area. As an OPTICIAN-MUSICIAN I also specialize in making music glasses for many of the area's

professional musician community. These glasses are made for the specific distance needed to read the music as well as see the conductor! The concept holds true for COMPUTER glasses, and we can make your work day so much more comfortable when spending hours per day at the computer. Please call us now at 781-391-8222 and we will be happy to welcome you to our Medford Optical family!

Thank you,
Dana Cohen, owner-optician

\$75.00 off a complete pair of glasses
(not to be combined with insurance)

Medford TV and Electronics ~ John Costas

TRANSFERS

- VIDEO TAPE TO DVD
- RECORDS 33/78 TO CD
- CASSETTES TO CD
- REEL TO REEL TO CD
- TV/VCR REPAIRS

25 Salem Street
Medford, MA 02155
781-396-7900
jcostas@medfordelectronics.com
www.medfordelectronics.com

HOURS OF OPERATION:

Mon - Fri	9:00 am - 4:00 pm
Sat, Sun	Closed

Please call before visiting.

TRANSFERS

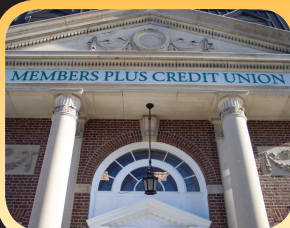
- VIDEO TAPE TO DVD
- RECORDS 33/78 TO CD
- CASSETTES TO CD
- REEL TO REEL TO CD
- TV/VCR REPAIRS

For over 30 years, Medford Electronics has been maintaining a reputation for quality workmanship and customer satisfaction. We strive every day to maintain and build upon that reputation.

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Your Cassette Tapes or Reel to Reel to CD or MP3**

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DV Tapes and VHSC to DVD or MPEG4**

Members Plus Credit Union ~ Lonna Mitchell



29 High Street
Medford, MA 02155
781-905-1500
www.memberspluscu.org

MembersPLUS
C • R • E • D • I • T U • N • I • O • N

HOURS OF OPERATION:

Mon, Tue, Wed, Fri
Thur
Sat
Sun

8:30 am - 4:00 pm
8:30 am - 6:00 pm
9:00 am - 12:00 pm
Closed

Located in Medford Square, Members Plus Credit Union has been serving members since 1940. As a non-profit organization owned by over 10,000 members, we provide all of the financial services and products of a large bank with the personal service of a credit union. We are also able to offer deposit rates that are significantly higher and lending rates that are significantly lower along with fewer fees, as compared to banks.

We host a wide range of IRAs, money market accounts, checking accounts, club accounts and more. In addition, we also provide mortgages with a variety of terms along with home equity loans, a First Time

Homebuyers program, auto loans, consumer loans, and a fixed rate MasterCard®.

For your convenience, we offer free online banking, mobile banking, and telephone banking along with online applications and an Online Mortgage Center.

Members Plus Credit Union has branches located in Medford, Dorchester, and Norwood, and anyone who lives or works in Middlesex, Norfolk, Suffolk, and Plymouth counties is eligible to join! Just open a savings account with as little as \$25.00 and take advantage of the full array of products and services that we have to offer.

Metric Cab of Medford ~ Michael Kiflemariam



407R Mystic Avenue, Suite 34B
Medford, MA 02155
781-391-6800
info@metric-cab.com

www.metric-cab.com

HOURS OF OPERATION:

Metric Cab of Medford is open for business 24/7!



Metric Cab of Medford is a small, family-owned, startup taxicab company established in May of 2012. Since its inception, the company has grown its customer base and continues to do so by simply providing the best customer service, always CLEAN TAXICABS, ALWAYS \$30.00 FLAT RATE to Logan International Airport, and Reliable, 24/7, LOCAL taxicab service.

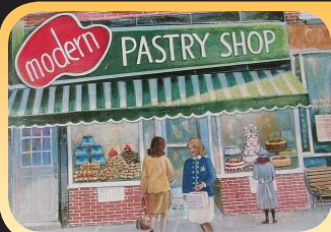
At Metric Cab of Medford, our driving force is customer satisfaction, and we

achieve that by providing the best cab ride experience, one customer at a time.

The next time you need a cab to run errands, for a night out to town, heading to Logan Airport, or whatever your destination might be, please try Metric Cab of Medford, and you will be happy you did.

**\$30.00 Flat Rate
to Logan Airport**

Modern Pastry, Inc. ~ Sara McGee



20 Salem Street
Medford, MA 02155
781-396-3618
www.modernpastry.com

HOURS OF OPERATION:

Mon	9:00 am - 6:00 pm
Tue - Fri	9:00 am - 7:00 pm
Sat	8:00 am - 6:00 pm
Sun	8:00 am - 2:00 pm



Modern Pastry is a family owned and operated Italian bakery. We are backed by three generations of innovative master chefs and hold over 150 years of "Old World" Italian recipes, methods, and experience. We strive to make our products stand out among the best and have been awarded many times for our creations.

We have been featured in many publications as "the" place in Boston to get authentic Italian sweets. The list includes *Primo Magazine*, *National Geographic*, *The Boston Globe*, *Boston Herald*, and *The New York Times*.

We specialize in traditional:

- Hand-made cookies
- Traditional Italian cakes and pastry
- Freshly baked pies
- Custom cakes and wedding cakes

The next time you are craving sweets or treats, come taste our original recipes and time honored traditions brought from Italy. We look forward to seeing you soon! If you are not able to visit us, order online so you can have our delicious treats right at home!

Mount Auburn Hospital



330 Mount Auburn Street
Cambridge, MA 02138
617-492-3500
www.mountauburnhospital.org



Mount Auburn Hospital is a regional teaching hospital of Harvard Medical School that serves the metropolitan Boston/Cambridge area.

The hospital has a dual mission to provide compassionate and clinically excellent patient care and to teach students of medicine and the health professions. At Mount Auburn Hospital, the belief is that "every patient is the only patient."

- The Board-certified Medical Staff is made up of more than 850 Physicians

- Approximately 19,000 inpatients and 500,000 outpatients are cared for annually
- Mount Auburn Hospital has more than 25 locations throughout the metropolitan Boston area
- The Hospital is licensed by the Department of Public Health and accredited by the Joint Commission
- Mount Auburn Hospital is a member of the American Hospital Association, The Council of Teaching Hospitals, and the Association of American Medical Colleges

New Oasis Brazilian Restaurant ~ Luciano Contin



373 Main Street
Medford, MA 02155
781-396-8337
www.newoasisrestaurant.com

HOURS OF OPERATION:

Mon - Thur, Sun	11:00 am - 11:00 pm
Fri, Sat	11:00 am - 11:30 pm



We are proud to present just a few of our dozens of online reviews. Hope you enjoy our restaurant as much as the people online do ...

"HUGE portions! Great food! Highly recommended."

"So much food. so good. and much faster delivery than estimated. I really like this place."

"GIGANTIC portions and amazing food all around. Loved the plantains and flan, too. Definitely will be ordering again, and inviting a friend to help me eat it!"

"Great food, affordable and good friendly service. My wife is Brazilian so I have to like it :)"

"Oasis is magical and rad. I have not had one thing from this place I have not been absolutely delighted by. First off, the Brazilian Snacks. Not terribly evocative is it? Yet these little fried balls of crazy goodness are possibly the best appetizer I've ever ordered. An assortment of croquette-like treats that are filled with delicious meats, vegetables and spices that work so well with the various dipping sauces. Their chicken wings come in a HUGE portion, with fried onions everywhere and more sauces for dipping! "

"The Brazilian BBQ is just...so...good. The mini combo (two meats, rice, fries, cole slaw, beans and farfal) is WAY too much for one sitting. You want to stuff yourself with delicious Brazilian food, head up to Oasis. OR HAVE THEM DELIVER IT TO YOUR HOME AND STRAIGHT INTO YOUR MOUTH. They do that too."

Patriot Community Bank



237 Lexington Street
Woburn, MA 01801
781-935-3318
www.patriotcb.com

HOURS OF OPERATION:

Mon - Wed, Fri	8:00 am - 5:00 pm
Thur	8:00 am - 7:00 pm
Sat	8:30 am - 12:00 pm
Sun	Closed



Patriot Community Bank is big enough to provide all the banking power you need, yet small enough to deliver the personal attention you deserve. Our professional and caring staff enjoys growing long-term relationships with our customers while providing the banking services they need.

At Patriot Community Bank we are involved in community events and believe that it is an important step to understanding the needs of the people who live and work there. We are dedicated to creating growth for businesses, therefore assisting economic stimulation in

the communities we serve.

We offer a variety of personal and business checking and savings options as well as convenient services designed to meet your banking needs. Our loan programs, including SBA Loans, can assist businesses in growing and achieving their goals.

Whether for your personal or business needs, we make banking simple and convenient. Stop in or call Patriot Community Bank today at 781-935-3318 to learn more about the pleasure and ease of banking with us, a true community bank!

Pediatric Associates of Medford



101 Main Street
Suite 201
Medford, MA 02155
781-396-1288
www.medfordpedi.com

HOURS OF OPERATION:

Mon - Thur 8:00 am - 8:00 pm
Fri 8:00 am - 6:00 pm
Sat, Sun 8:00 am - 4:00 pm



Affiliated with the Pediatric Physicians Organization at Children's Hospital, Pediatric Associates of Medford is made up of a group of pediatricians, nurses, medical assistants, and administrative staff who are dedicated to providing the highest quality of health care possible in a caring and efficient manner.

Our doctors in our practice are all board-certified pediatricians. Your child will be seen by his or her own physician for well

child visits, and whenever possible, for sick visits. Originally located on Forest Street, our practice has been taking care of families in Medford for over 30 years!

Our office is open seven days a week and on all major holidays except for Christmas. Our staff is available to take calls from 8 am each day.

Pompeo & Sons Insurance Agency, Inc. Stephen Pompeo & John Pompeo



464 High Street
Medford, MA 02155
781-391-1630
mail@pompeoinsurance.com
www.pompeoinsurance.com

HOURS OF OPERATION:

Mon - Fri 9:00 am - 5:00 pm
Sat, Sun By Appointment

We are available after hours for evening or weekend appointments.



"Person to Person Service from Your Local Independent Insurance Agent."

It's not just a slogan:

"Person to Person" means when you call us you speak to an educated, qualified, licensed insurance broker. It means you can stop by the office or we'll come to you so you can deal with us face-to-face at your convenience.

"Service" means the added value we bring to your insurance transaction. Such as free, knowledgeable advice on coverage, claims, surcharge appeals, workers comp audits, or 24 hour emergency service, registry services, risk management, and more.

"From Your" means we represent you, our client, first.

"Local" means that if you need us we are right around the corner—we are not an 800 number in another state.

"Independent Insurance Agent" means we represent you as your broker with access to many insurance companies, so we can offer you the company and coverage that suites your needs best at the most competitive rates.

Our clients aren't just buying insurance, they are hiring a local professional who works for them. So give us a call and put the team at Pompeo & Sons to work for your family or business today.

Rainbow Solutions, Inc. ~ Donna E. Clifford & Dorothy Emerson



225 Arlington Street
Medford, MA 02155

50 Main Street, Suite 201
North Reading, MA 01864

781-391-6455
www.rainbowsolutions.us

HOURS OF OPERATION:
By Appointment

RAINBOW SOLUTIONS, INC

Helping you live and invest responsibly

Are you saving for retirement? Do you understand how your money is invested? Are you providing retirement savings options for your employees?

Rainbow Solutions, Inc., founded in 1998, provides services and resources to help individuals, small business, and non-profit organizations invest for financial return and social progress. We offer personalized attention to help you understand your investments and make sure your investments are aligned with your values or mission.

Call Financial Consultant Donna Clifford for a consultation on implementing a retirement strategy that meets your needs, or for a review of your current

investment portfolio.*

Rev. Dorothy Emerson is also part of Rainbow Solutions. She offers programs on money and spirituality and performs weddings, funerals, and memorial services.

Members: Medford Chamber of Commerce, Zonta Club of Medford, Sustainable Business Network, Green America, and the Social Investment Forum.

*Representative of and securities offered through Financial West Group, member FINRA, SIPC. Supervisory Office: 55 Main St., Suite 415, Newmarket, NH 03857; 603.659.7626. Rainbow Solutions and Financial West Group are separate entities.

RE/MAX Andrew Realty Services



12 High Street
Medford, MA 02155
781-395-7676
AndrewRealtyServices.com

Offices also in Stoneham and
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For nearly three decades, Andrew Realty Services has prided itself on its dynamic team of community-centric REALTORS®, all of whom have spent years living and working in the area and being an active part of the communities they serve. Experts in their field, our award-winning REALTORS® are committed to delivering unparalleled real estate knowledge, customer service excellence, cutting-edge real estate products, and impressive real estate results. Our company, founded in 1986 by Chuck Andre, was purchased by John Veneziano in 1992. Since then, Veneziano has worked diligently to create a team of REALTOR®/Real Estate Experts and a one-stop real estate center, offering

insurance, relocation services, land survey services, and much more. Our affiliation with RE/MAX, the #1 real estate franchise in the world, means we're able to extend much of these services across the globe and bring the power of the brand directly to our clients. We specialize in all aspects of residential and commercial real estate and serve MA and NH. RE/MAX Andrew Realty Services is always there for its clients and community: before, during, and even long after a sale.

RE/MAX Andrew Realty Services and its team of Real Estate Experts is your one-stop, lifelong real estate resource.

Reema Salon ~ Saloua Soufi



Reema Salon
Everyone deserves to feel beautiful



291 Salem Street
Medford, MA 02155
781-391-1700

HOURS OF OPERATION:

Tue - Fri	10:00 am - 7:00 pm
Sat	9:00 am - 5:00 pm
Sun	By Appointment
Mon	Closed



Saloua Soufi's hair techniques exhibit her European training and traditions passed on by her hairstylist mother. Since 1996, Saloua has practiced her art in the Boston area including in prominent Newbury Street salons. Her vision of beauty is timeless, but continuously evolving to adjust to the fast-paced world of fashion. Her artistic ability has brought her recognition from acclaimed fashion houses. Saloua's ultimate goal is to bring joy to her clients by translating their own vision into a look that is versatile, modern, and sophisticated while being effortless. She regularly styles hair for weddings and local events, and has won awards in Europe and Morocco.

Our stylists emphasize a customer-centric service where the client's needs are always the priority.

Reema Salon's international staff speak several languages including English, Portuguese, Moroccan,

Spanish, and French. Our mission is to provide reasonably priced and convenient hair styling, makeup, and waxing services. Our services will exceed expectations. When we adhere to this maxim, everything else will fall into place.

See our Yelp! Reviews!

"I just love Saloua and she knows her stuff! The salon is kept very clean and my hair has never felt healthier. The deep conditioning and Moroccan treatments she uses are great. The prices and the location are perfect for me! I would recommend everyone to Reema salon."

**Mention the Chamber Directory and
receive 20% off all services.
One-time discount per person.**

Regina Pizzeria ~ Anthony Buccieri



44 Station Landing
Medford, MA 02155
781-306-1222
www.reginapizzeria.com

HOURS OF OPERATION:

Regina is open daily from 11:30 am through 1:00 am.



"Welcome to Regina Pizzeria!" Since 1926, these words have greeted customers in the North End of Boston. The original Regina pizza had a thin crust topped with a hearty blend of fine cheese, flavorful sauce, delicate seasoning, and the finest toppings. Anthony believed there were no shortcuts to excellence. His claim of years ago, "I give the best that I can make," is as true today as it was in generations past. His secret was simple: every day we will start with the freshest and the finest...the freshest

vegetables and meats, the finest recipes and care...no preservatives, no additives...just fresh, natural foods cooked to perfection and combined with treasured family pride and tradition. Our Regina Pizzeria in Medford has been serving the same great pizza along with salads, appetizers, pastas, and so much for many years now. We also have a full bar and vino room.

Stop by and say hello the next time you're in Medford. Visit us at Reginapizza.com

Representative Paul J. Donato



District Office
271 Spring Street
Medford, MA 02155
781-395-1683

State House,
Boston, Massachusetts



Representative Paul J. Donato (D-Medford) is serving his sixth term in the Massachusetts House of Representatives. Prior to entering the Legislature in January, 2001, he served on the Medford School Committee from 1971-1975, and the Medford City Council from 1976-1985 (served as Mayor 1980-1985), and from 1995-2001 (served as Council President from 1999-2000).

He presently serves as Division Leader. Prior to this appointment, he served as Chairman of the Committee on Municipalities and Regional Government, and as Chairman of the House Committee on Steering, Policy, and Scheduling.

Representative Donato has been appointed to the Massachusetts Commission on the Status of Grandparents Raising Grandchildren, is a member of the Massachusetts Network of Foster Care Alumni Board and an ex-officio member of the Children, Youth, and Families Advisory Committee.

He is active within the community and is a member of many organizations including the Medford Knights of Columbus, Sons of Italy, Medford Kiwanis, Medford Elks, Medford Chamber of Commerce, Friends of Chevalier, Medford Democratic City Committee, Triangle, and Hallmark Health System.

Salvatore's Restaurant

Denise Baker, General Manager & Brandon Allardice, Executive Chef



55 High Street
Medford, MA 02155
781-393-9333
www.salvatoresrestaurants.com

HOURS OF OPERATION:

Mon - Thur	11:00 am - 10:00 pm
Fri, Sat	11:00 am - 11:00 am
Sun	12:00 pm - 9:00 pm

Salvatore's

Salvatore's Restaurant was created by Sal Lupoli, known for his Sal's Pizza empire, and is the result of his undying passion for high quality and authentic cuisine at an unbeatable value. Salvatore's is a full service restaurant complete with private dining rooms, full bar, and a warm ambiance reminiscent of the Lupoli family's Italian roots.

Sal believes that when you come dine with us, you become part of our family.

Our commitment to each of our family members is to make every experience memorable.

Our home is your home at Salvatore's, your destination for the best Italian cuisine outside of the North End. Located at 55 High Street in Medford in the Historic Depositors Trust, we can accommodate your everyday moments and private celebrations. Ask us about our special event room in "The Vault".

Terri's Little Pumpkins



29 Forest Street
Medford, MA 02155
781-396-4520

www.terrislittlepumpkins.com

HOURS OF OPERATION:
Mon - Fri 6:30 am - 6:30 pm
Sat, Sun Closed



Terri's Little Pumpkins

Welcome!

We'd like to welcome you and your family into our circle of families. At Terri's Little Pumpkins, we strive to offer the very best high quality child care possible for children six weeks to pre-K.

For 18 years, TLP has provided door-to-door transportation service that is a flexible, safe, reliable, affordable, quality service for children of various ages to and from our center.

Terri's Little Pumpkins also provides the children with a nutritious breakfast, lunch, and afternoon snack. All foods that we serve are child-friendly and have been approved by the state.

Our caregiving philosophy is based on the belief

that children are unique and respond best in an environment which fosters individuality, creativity, and growth.

Our stimulating curriculum allows children to learn through the process of discovery and play while being guided by nurturing and professional staff. You will find our philosophy reflected in the quality and focus of our programs.

The center's modern facility was designed specifically with the children in mind and provides a safe, friendly, and warm environment where children can explore freely.

Our convenient location and extended hours meet the needs of today's busy parents.

The Medford Center For Orthodontics & Pediatric Dentistry



82 Forest Street
Medford, MA 02155
781-396-1980
office@themedfordcenter.com
www.themedfordcenter.com

ALL HOURS BY APPOINTMENT Pediatric Dentistry

Mon & Fri 8:30 am - 5:00 pm
Sat 8:00 am - 12:00 pm

Orthodontics

Tue & Wed 8:00 am - 5:00 pm
Thurs 8:00 am - 6:00 pm



EXCEPTIONAL CARE, SPECTACULAR SMILES.

Welcome to The Medford Center for Orthodontics and Pediatric Dentistry!

Our orthodontist, Dr. Eric Gheewalla, provides orthodontics (braces and Invisalign) for all ages from young children to adults. Our pediatric dentist, Dr. AnnaMarie DeFeo, treats infants, adolescents, teens, and patients with special needs.

Our goal is to provide the highest quality orthodontic and pediatric dental care with exceptional service by going the extra mile

before, during, and after treatment to establish a lifelong relationship with our patients.

Dr. Eric Gheewalla and Dr. AnnaMarie DeFeo are leading specialists in their field in the Medford area. Our modern, state-of-the-art office is equipped with the latest technology in sterilization, virtual study models, and digital x-rays, with a commitment to excellence to make sure that our patients' health and comfort are our priority.

The Processed Word ~ Janice Molyneaux



422 Salem Street
Medford 02155
781-395-0004
info@processedword.com
www.processedword.com

HOURS OF OPERATION:
Mon - Fri 8:00 am - 5:00 pm
Sat, Sun Closed



Founded in 1986, The Processed Word is a woman-owned, premier transcription and business support services company that provides accurate, cost-effective services and longstanding customer commitment.

- The Processed Word's medical and corporate transcription services are best in class. We provide competitive, accurate, and fast transcription solutions without sacrificing personalized service. We strictly meet and follow HIPAA guidelines, and all of our U.S.-based employees are seasoned professionals with an average of ten years of experience.

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Tufts University ~ Barbara Rubel



120 Packard Avenue
Medford, MA 02155
617-627-3780

www.tufts.edu/home/neighbors



Tufts University, founded in 1852, is a private university with campuses in Boston, Medford/Somerville, and Grafton, and a European Center in Talloires, France.

The Medford/Somerville campus houses the Schools of Arts and Sciences, Engineering, the Tisch College of Citizenship and Public Service and the Fletcher School of International Law and Diplomacy. There are 7,000 students and more than 2,450 employees, 348 of whom live in Medford.

The Boston campus is home to the School of Medicine, the School of Dental Medicine, the Sackler School of Graduate Biomedical Sciences, and the Friedman School of Nutrition Science and Policy and the Human Nutrition Research Center on Aging. The

Cummings School of Veterinary Medicine is located in North Grafton.

Anthony P. Monaco, a distinguished leader, scientist, and teacher, became the university's thirteenth president in 2011. He brings to Tufts deep commitments to academic excellence, diversity and inclusion, a global perspective, and an awareness of the power of higher education to advance individuals and society.

Tufts University works with Medford residents, organizations, city government, and the public schools to be a good neighbor and build strong partnerships.

To find out about events and resources open to the community, visit www.tufts.edu/home/neighbors/

MEDFORD CHAMBER MEMBER DIRECTORY

Unless indicated otherwise, all towns are Medford, MA 02155

A/V & ELECTRONICS

Aerowave, Inc.
344-346 Salem Street
781-395-1555
www.aerowave.net

East Coast Electronics
296 Salem Street
781-395-9050
www.eastcoastmedford.com

Medford TV and Electronics
(see pg. 28)
25 Salem Street
781-396-7900
www.medfordtelectronics.com

ADVERTISING/MARKETING

Boston Sullivan & Company
269 Spring Street
781-396-5110
www.bostonsullivan.norwood.com

Comcast Spotlight
400 Crown Colony Drive
Quincy, MA 02166
781-416-0295
www.comcastspotlight.com

McGoldrick Marketing
(see pg. 4)
8 Burget Avenue
781-874-9553
www.McGoldrickMarketing.com

AMBULANCE SERVICES

Armstrong Ambulance
87 Mystic Street
Arlington, MA 02474
781-391-1591
www.armstrongambulance.com

APPAREL: CONSIGNMENT SHOP / SPORTS

Aggie's Attic
43 Salem Street
781-306-0643

Cincotti, Carl
2 Yeomans Avenue
781-391-5679

APPLIANCES - SERVICE & REPAIR

Sherman Appliance & Refrigeration
18 Cliff Road
Melrose, MA 02176
781-665-9626
www.shermansappliancerepair.com

ARCHITECTS

DSA Architects
(see pg. 19)
One Shipyard Way, Suite G01
781-391-1939
www.dsaarchitects.com

ATTORNEYS

Atty. Neil Osborne
122 Boston Avenue
617-482-1160

Barletta Law Offices
P.O. Box 378
781-888-0698
www.barlettalaw.com

Bretta & Grimaldi, PA
19 Mystic Avenue
781-395-0090
www.brettagrimaldi.com

Colonna Law Offices
16 Bradlee Road
781-395-2834, 781-391-7762

Jordan & White, LLC
(see pgs. 22,25)
Zero Governors Avenue, Suite 6
978-744-2811
www.jordanwhitelc.com

Law Offices of Laurel H. Siegel, LLC
60 State Street, Suite 700
Boston, MA 02109
617-878-2093
www.lsiegelaw.com

Law Offices of Lungo-Koehn & Collins
567 Fellsway
781-393-1882
www.lkclawoffices.com

Law Offices of Michael B. Cabral
6 Beacon Street
Boston, MA 02108
617-248-9800
www.michaelcabral.com

McCarter & English
265 Franklin Street
Boston, MA 02110
617-449-6577

AUTOMOBILE: DEALERS & DRIVING SCHOOL

JLW Auto School
6 Pleasant Street, Suite 205
Malden, MA 02148
781-388-1188
www.jlwautoschool.com

York Kia of Medford
P.O. Box 350
781-395-6800
www.yorkkiaofmedford.com

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185 Park Street
781-395-9598

Export Enterprises, Inc.
395 Riverside Avenue
781-395-0808
www.exporttowing.com

Hogan and Van Auto Body
190 Mystic Avenue
781-396-8282
www.hoganandvan.com

Libbey's Auto Repair
134 Mystic Avenue
781-396-9131

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617-666-4700

MiddlesexFederal.com



MEDFORD CHAMBER MEMBER DIRECTORY

Unless indicated otherwise, all towns are Medford, MA 02155

Randy's Car Wash

277 Middlesex Avenue
781-396-6661
www.randyscarwash.com

Volsar Automotive, Inc.

16 Mystic Avenue
781-391-4848
www.volsarauto.com

BALLOONS - NOVELTY

Rainbow Balloons, Inc.

65 Holton Street
Woburn, MA 01801
781-935-8200
www.rainbowballoons.com

BANKS

Brookline Bank

(see pg. 14)
Three Branches in Medford
brooklinebank.com

Century Bank

400 Mystic Avenue
781-393-6520
www.century-bank.com

Eagle Bank

466 Broadway
Everett, MA 02149
617-394-3671 x617
www.bankeagle.com

East Boston Savings Bank

(see pg. 10)
410 Riverside Avenue
978-977-8576
www.ebsb.com

East Cambridge Savings Bank

(see pg. 12)
243 Salem Street
617-551-2571
www.ecsb.com

Eastern Bank

53 Locus Street
781-581-4228
www.easternbank.com

Members Plus Credit Union

(see pg. 29)
29 High Street
781-905-1500
www.memberspluscu.org

Middlesex Federal Savings, F.A.

(see pg. 38)
53 Riverside Avenue
617-629-3119
www.middlesexfederal.com

Patriot Community Bank

(see pgs. 8,31)
237 Lexington Street
Woburn, MA 01801
781-935-3318
www.patriotcb.com

RBS Citizens Bank

28 State Street
Boston, MA 02109
857-301-5612

Rockland Trust

(see pg. 6)
270 Mystic Avenue
781-306-1610
www.rocklandtrust.com

US Alliance Federal Credit Union

71 Station Landing
800-431-2754
www.usalliance.org

BATH AND TILE SHOWROOM

Murray Design

134 Mystic Avenue
781-395-3333
www.murraybathdesign.com

BOOKSTORE AND CAFÉ

Bestsellers Café

24 High Street
781-391-7171
www.bestsellers-cafe.com

BUSINESS SERVICES

Call Consulting Group

66 Marshall Street
781-228-1320

The Processed Word

(see pg. 37)
422 Salem Street
781-395-0004
www.processedword.com

CHILDCARE

First Steps Early Learning Center

273 Middlesex Avenue
781-306-1244
www.firststepselc.com

Kelly's Unique Kids

(see pg. 23)
254 Salem Street
781-874-1387
www.kellysuniquekids.com

Terri's Little Pumpkins

(see pgs. 36,41)
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Medford Police Department
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781-391-6404

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www.medfordpublicschools.org

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www.royallhouse.org

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www.drgsmiles.com

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www.lentinesmile.com

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www.medford-dentalassociates.com

Mystic Valley Orthodontics P.C.
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www.dunkindonuts.com

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LaCascia's Bakery, Inc.
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781-395-7756

Rainbow Solutions, Inc.
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www.jjruddyinsurance.com

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www.listerins.com

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www.loneraganagency.com

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www.spauldingrehab.org

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www.hallmarkhealth.org

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781-306-5100
www.harvardvanguard.org

Mount Auburn Hospital

(see pg. 30)
330 Mount Auburn Street
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617-492-3500
www.mountauburnhospital.org

Mystic Valley Pediatrics

75 Riverside Avenue
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Network Health

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www.medfordpedi.com

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www.circlethesquare.org

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(see pg. 26)
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Malden, MA 02148
781-324-7680
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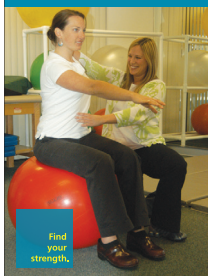
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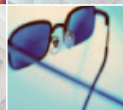
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